



Lark Hill Rise Forest School Clothing Policy

No person will be permitted to go to Forest School without appropriate clothing that will protect them from extremes of heat or cold. Children should be kept covered to reduce the likelihood of cuts and scrapes, in outfits that fit appropriately for comfort and that meets any religious requirements.

Children and parents are encouraged to think about the usefulness of their clothing for outdoor activities, and to be aware they are likely to take some of our mud home with them after a session. In the forest it can often be cooler than expected under the shade of the trees.

Clothing list:

- Long sleeved top
- Full length trousers
- Warm boots or wellingtons
- Warm Socks and a spare pair.
- Gloves and Woolly hat – Cold weather
- Sun hat: that fits well to ensure good visibility– sunny weather

The following will be provided by nursery:

- Waterproof trousers
- Waterproof coat, with a hood.

We work on the principle that **“there is no such thing as bad weather, only bad clothing”**.